



SOMATHEERAM AYURVEDIC HEALTH RESORT

# SUMMER OFFER

## 14 DAYS AYURVEDA PANCHAKARMA PACKAGES

### YOUR AYURVEDA VACATION

Enjoy soothing oil baths and let yourself fall into tranquil peace while being massaged by two therapists - stroll along almost deserted sandy beaches. Somatheeram already has an attractive special offer for 2024 in the months May-July, September and October for an Ayurvedic vacation surrounded by a setting which harmonizes perfectly with nature.

Book an Ayurveda package in any category, pay up to 15 % less – in a Standard Cottage you even receive up to 30 % discount on the package rate.



### ABOUT SOMATHEERAM

The ancient teachings of Ayurveda are the focus of Somatheeram, the first resort to have made Ayurvedic teachings well-known beyond India's borders. Somatheeram is based on a holistic approach. Our aspiration is to provide Ayurveda, Yoga and meditation in a peaceful and captivating setting. The state government has awarded the Somatheeram Ayurvedic Health Resort the commendation of "Best Ayurvedic Centre" for the tenth time. This places Somatheeram far ahead of any other Resort in Kerala and proves its diligence in keeping up the high quality of the Ayurvedic treatments.



[WWW.SOMATHEERAM.ORG](http://WWW.SOMATHEERAM.ORG)



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## SERVICES

- Ayurveda therapy incl. doctors consultation and Yoga
- Ayurvedic vegetarian full board
- accommodation in traditional South Indian houses
- half day boat tour on the Backwaters
- airport transfers (International Airport Trivandrum)

Loyal repeaters receive up to 8% discount.  
We advise an early booking due to the limited number of accommodation contingents. Other discounts can not be combined.

For your Ayurveda treatment in **May-July\*** you will receive a discount of 30% on the regular package price in a Standard Cottage and respectively 15% for all other categories. In **September & October** the discount for all categories is 10%.

An example: In May-July a 14-day booking incl. Ayurvedic treatments will only cost 1.314,- € instead of 1.876,- € (in a Standard Cottage on double occupancy basis p.p. excl. flight). You save 562,- € per person.

\* Please note that the resort will be closed from 09.06.2024 due to renovation and maintenance work. We will be happy to welcome you again from 24.06.2024 onwards.  
The swimming pool is closed from 01.06.2024 to 30.06.2024 and cannot be used during this time.

## VALIDITY

In the months of May to July 2024 you will receive a discount of 30% on the package rate per day for the category „Standard Cottage“ and respectively 15% discount for the other categories. The discount is applicable to all Ayurveda packages.

In September and October 2024 the discount is 10% on all Ayurveda packages, the minimum booking period is 7 nights. Other discounts cannot be combined.

The Terms and Conditions of Somatheeram Ayurvedic Health Resort apply.

## Contact

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